

School Health Programs – Alcohol and Other Drugs

Ballarat Community Health Centre offers *Alcohol and Other Drug* educational sessions to secondary students in years 9 - 12. This learning opportunity provides various class activities and discussion regarding decision making and consequences of alcohol and/or drug use including identifying what a standard drink is and understanding how drinking results in impaired behaviour.

Alternatively, Ballarat Community Health Centre can assist with leaflets, brochures or factual information to support your school in providing information around alcohol and drug use.

As research highlights the benefits of providing education in a holistic way, Ballarat Community Health provides this program together with teachers and in line with VELS outcomes. This creates a supportive teaching and learning environment that can continue to be built upon beyond Ballarat Community Health Centre's involvement.

Additionally, Ballarat Community Health Centre provides opportunities for alcohol and other drug support to the wider Ballarat community through support groups, one-to-one assistance and other community programs.

For further information or alcohol and other drug information or teaching resources please also check out our website list.

Please contact Demelza on (03) 5338 4500 or by email at demelzar@bchc.org.au to register your interest in this or any other school opportunities for 2009.

Please note that Ballarat Community Health Centre staff require a minimum of four weeks notice when working in schools.

