

School Health Programs – Alcohol and Other Drugs

Ballarat Community Health offers Alcohol and Other Drug educational sessions to secondary students in years 9 - 12. This learning opportunity provides various class activities and discussion regarding decision making and consequences of alcohol and/or drug use including identifying what a standard drink is and understanding how drinking results in impaired behaviour.

Alternatively, Ballarat Community Health can assist with leaflets, brochures or factual information to support your school in providing information around alcohol and drug use.

As research highlights the benefits of providing education in a holistic way, Ballarat Community Health provides this program together with teachers and in line with VELS outcomes. This creates a supportive teaching and learning environment that can continue to be built upon beyond Ballarat Community Health's involvement.

Additionally, Ballarat Community Health provides opportunities for alcohol and other drug support to the wider Ballarat community through support groups, one-to-one assistance and other community programs.

For further information or alcohol and other drug information or teaching resources please also check out our [website list](#).

Please contact Demelza on (03) 5338 4500 or by email at demelzar@bchc.org.au to register your interest in this or any other school opportunities.

Please note that Ballarat Community Health staff require a minimum of four weeks notice when working in schools.

