

Concerned or confused about alcohol or other drugs?

Drop in to any of our sites or call our central
number:

5338 4500

Ballarat City Centre

710 Sturt St

Ballarat East Centre (APROTCH)

Cnr Queen St & Dyte Pde

Sebastopol Centre

260 Vickers St

Wendouree Centre (Cooinda)

10 Learmonth Rd

Administration

PO Box 1156, Bakery Hill MC, VIC 3354

T 5338 4500

F 5331 5470

E info@bchc.org.au

W www.bchc.org.au

Assisting individuals and families
to deal with
alcohol or drug
related issues

Do you, or does someone close to you, have a problem with alcohol or other drugs?

Ballarat Community Health can provide support, information and continuing care.

What can we help with?

- **Alcohol and Other Drug Counselling**
Support, counselling and continuing care to individuals, family members and significant others experiencing alcohol and other drug related problems.
- **Acquired Brain Injury Resource Worker**
Supportive case management for individuals who have an Alcohol or Other Drug related Acquired Brain Injury. Also providing secondary consultation to health professionals and others.
- **Health Promotion**
Early intervention programs and promotion of healthy lifestyle choices for the general community, including education programs within schools.

You won't be judged. Your confidentiality and privacy will be respected.

- **Withdrawal Services**
Assessment for detoxification from alcohol and other drugs, including home-based and outreach withdrawal services.
- **Mobile Drug Safety Worker**
Supporting individuals with alcohol and other drug issues within their own environment. Providing education and referrals for health related issues.
- **Alcohol and Other Drug Youth Outreach Worker** (for 11-25 years of age)
A holistic approach to working with young people in their own environment, assisting individuals and family members with alcohol or drug related issues.
- **Alcohol and Drug Support Groups**
Support Groups provide ongoing assistance for individuals, family members or significant others effected by alcohol or substance abuse.
- **Needle Exchange Program**
Syringes/needles, swabs and disposal containers are provided free of charge, along with a disposal service for used needles.