



Position Description

Position Title: Psychosocial Intervention Worker (Movin' On)
Team: Mental Health (APROTCH)
Reporting Line: Accountable to the Mental Health Team Leader
Responsible for the following positions: NIL

Conditions

Victorian Psychiatric Services Certified Agreement 2007-2010

Classification/Salary Range

Psychiatric Services Officer, Grade 2 (dependant on skills and experience)
Superannuation is additional and salary packaging is available

Time Fraction

Part Time
22.8 hours per week

Employment Mode

On-going

Delegations

Refer to Delegations Policy

This position description is approved by:

Chief Executive Officer Signature

Date

Employee - I have read, understood and accept the following position description:

Employee's Signature

Date

Organisational Context

Ballarat Community Health aims to ensure the best possible health outcomes for Ballarat and region by working in partnership with the community, promoting health and well being and preventing illness. We strive for this through excellence in service delivery, leadership and responsiveness to the community.

Position Summary

The Psychosocial Intervention Worker will facilitate and participate in a range of therapeutic interventions, and individual program planning activities with people who have a serious mental illness and their carers. The Movin' On program works with individuals aged between 16 and 30 years who have a diagnosed serious mental illness. In conjunction, they may also have a co-existing disorder such as a dual diagnosis of mental illness and substance abuse. The program combines a social/recreational component, with a focus on vocational outcomes in addition to centre based group programs, home-based and outreach supports.

Services will include development and delivery of structured social and living skills programs, linking with Mental Health Programs and relevant services within the community, attention to carer support needs such as respite and relief from immediate caring.

The incumbent will work in collaboration with Centacare MASC (Making A Significant Change) program in the delivery of the Kickstart program. The worker will assist other staff in the supervision and education of volunteers and students.

Qualifications

Mandatory - Mental Health Specific and AOD training

Certificate IV in both Mental Health, Non-Clinical and Alcohol and Other Drugs Work is the preferred minimum standard required to work in the PDRS Service Sector in the Grampians Region.

One of the following Degrees: Social or Welfare Degree, Division 2 Nurse, Psychology would be advantageous and well regarded.

Key Tasks and Responsibilities

Service Delivery

- Act as a key worker to monitor consumers' social, emotional, mental and physical health in a proactive manner and ensure appropriate interventions in a timely manner
- Undertake consumer assessments and work with a consumer caseload in the capacity of key worker, developing, implementing and evaluating, Recovery Action Plans with consumers, in collaboration with carers, case managers and other related service providers (with the express permission of the consumer). This will include assessment of changing needs and regular (at least 6 monthly) review of goals
- Provide consumer/carer or family psycho-education and support, independently or collaboratively with other service providers
- Identify and initiate new ideas and activities that may address quality of life issues
- Promote the integration of people with psychiatric disabilities and their carers, into the community by facilitation of access to community services and community based programs
- Provide practical assistance to consumers in line with PDRSS guidelines. The focus should be on development and delivery of social and living skills programs which will promote social inclusion and recovery.
- Facilitation of access and participation of consumers in psychosocial rehabilitation structured programs and drop-in with day programs, home based outreach, Movin' On and Kickstart programs, to expand their range of skills, social activities and networks
- Professionally document plans, and consumers' progress in clinical notes
- To establish and maintain appropriate links with other health, welfare and community based services
- Work with a case load of up to 8 consumers. When the program is not at capacity the worker may be allocated APROTCH consumers to support
- Staff will be required to work with clients with co-occurring disorders including AOD, Mental Health and Acquired Brain Injury
- Focus on self management principles
- Service Coordination including: initial needs identification, assessment and referrals and care planning for clients

- Provide family / carer education and support collaboratively with the Mental Health Team Coordinator and other key workers
- Provide support to the Coordinator whilst engaging in psycho-education to participants and the wider community, including workers, organizations and schools
- To be involved in community development strategies, health promotion and local initiatives to reduce stigma, increase community awareness and increase community participation opportunities for participants

Reporting

- Maintenance of accurate and timely records, statistics and data for internal and external reporting, including statistics, consumer records, letters, appointments, services and health promotion activities
- To maintain appropriate and adequate records of all relevant activities in compliance with policy and procedure, legislation and best practice

Compliance

- Adhere to poison control plan
- Ensure focus on and adherence to clinical governance guidelines and procedures

Administrative

- Relief reception as required

Health Promotion

- Participate in, develop and deliver health promotion activities in line with the Health Promotion Plan
- Provide health education and advice in individual consultations and during health promotion activities
- In consultation with the Team Leader, provide health care sessions in schools, agencies, institutions, clubs and other community groups in line with the health promotion plan
- Work cooperatively across the teams to provide a comprehensive coordinated health promotion service

Professional Development

- Attend professional development sessions and keep up to date with current developments, theories and practises in the field
- To participate in the planning, review and preparation of programs in line with the Services Agreement and centre policies as relevant to this position

Confidentiality

- Ensure that client and staff confidentiality is respected and upheld

Computer - Use of the following packages

- Microsoft Office – particularly Word, Publisher
- QIPPS -In house training will be provided for QIPPS
- QDC – external training provided
- The Care Manager – external and internal training provided

General

- Assist with orientation of staff/visitors/students/volunteers, as required
- To participate in the functions of the Mental Health Team and BCH including OHS, quality improvement, or emergency recovery activities
- Attend meetings as required
- Other duties as directed
- Represent and promote Ballarat Community Health appropriately
- Participate in performance development plans and supervision
- Establish and maintain a cooperative working relationship with staff
- Be aware of and perform all duties in accordance with the organisation's stated policies and procedures

Quality Improvement & Risk Assessment

- Participate in the organisations continuous quality improvement programs and activities
- Assist with the identification and analysis of risks within your department and the organisation

Occupational Health & Safety

- Recognise your responsibility and ensure the health, safety and well-being of yourself, colleagues and clients
- Report near misses and incidents promptly
- Participate in occupational health and safety activities
- Observe any lawful instructions regarding health and safety
- Ability to use a computer within the context of appropriate OH&S regulations
- Ability to drive a motor vehicle if required
- Ability to lift/move training equipment if required

Personal Attributes

- Effective oral and written communication skills
- Commitment to excellence and professional development
- Ability to use initiative to solve problems
- Flexible approach to work duties
- Professional attitude and presentation

Key Selection Criteria

Qualifications & Experience

1. A Certificate IV in both Mental Health, Non-Clinical and Alcohol and Other Drugs Work is the preferred minimum standard required to work in the PDRS Service Sector in the Grampians Region however other Mental Health qualifications will be considered.
2. Experience in a health, mental health and/or a human services setting including: problem solving, conflict resolution, crisis intervention and collaborative case management.
3. Experience in psychosocial rehabilitation would be well regarded.
4. Sound knowledge of the principles of crisis intervention, psychosocial rehabilitation, and case management.
5. Demonstrated ability to provide support in a culturally, age and gender sensitive manner, taking into account the issue of privacy whether centre based, or in a person's home.
6. Ability to assist participants to set goals and empower them in the development of strategies to actualise goals through the use of a Recovery Action Plan.
7. Ability to work within the framework of the Mental Health Act 1986, the Privacy Act, OH&S Act, the National Mental Health Standards and the Guidelines for Psychiatric Disability Rehabilitation Support Services.
8. Current Manual Drivers License.

Skills & Attributes

1. Ability to use initiative and have a self-motivated approach to work
2. Ability to manage own work by prioritising conflicting tasks
3. Demonstrated capacity to work as an effective member of a team
4. Excellent interpersonal and communication skills to effectively interact with consumers, family, carers and other agencies
5. Intermediate computer literacy skills
6. Demonstrated ability to work with clients with co-occurring disorders including AOD, Mental Health and Acquired Brain Injury

The successful applicant must obtain a National police records check, satisfactory to the employer and obtain and maintain a valid employment Working with Children Check whilst employed in this position.