



Eating Gluten Free

**Do you have Coeliac Disease?
Do you have difficulties working out
which foods are free from gluten?**

**Eating Gluten Free is a 3 week program run
by a dietitian to assist in increasing your
understanding of Coeliac Disease and eating
a gluten free diet.**

When:

Wednesday 12th May 10am-1pm

Wednesday 19th May 10am-1pm

Wednesday 26th May 10am-1pm

Where:

Ballarat Community Health
260 Vickers St, Sebastopol

Cost: \$10

Please contact:

Ballarat Community Health
Ph (03) 5338 4500

