

## Concerned or confused about alcohol or other drugs?

Drop in to any of our sites or call our central  
number:

**5338 4500**

### **Ballarat City Centre**

710 Sturt St

### **Ballarat East Centre** (APROTCH)

Cnr Queen St & Dyte Pde

### **Sebastopol Centre**

260 Vickers St

### **Wendouree Centre** (Cooinda)

10 Learmonth Rd

### **Administration**

PO Box 1156, Bakery Hill VIC 3354

**T** 5338 4500

**F** 5331 5470

**E** [info@bchc.org.au](mailto:info@bchc.org.au)

**W** [www.bchc.org.au](http://www.bchc.org.au)

Assisting individuals and families  
to deal with  
**alcohol or drug**  
related issues

Promoting health and well-being and preventing illness throughout Ballarat and the region

### Do you, or does someone close to you, have a problem with alcohol or other drugs?

Ballarat Community Health can provide support, information and continuing care.

#### What can we help with?

- **Alcohol and Other Drug Counselling**  
Support, counselling and continuing care to individuals, family members and significant others experiencing alcohol and other drug related problems.
- **Acquired Brain Injury Resource Worker**  
Supportive case management for individuals who have an Alcohol or Other Drug related Acquired Brain Injury. Also providing secondary consultation to health professionals and others.
- **Accredited Drink/Drive Course**  
Includes assessment and education program.
- **Health Promotion**  
Early intervention programs and promotion of healthy lifestyle choices for the general community, including education programs within schools.

### You won't be judged. Your confidentiality and privacy will be respected.

- **Withdrawal Services**  
Assessment for detoxification from alcohol and other drugs, including home-based and outreach withdrawal services.
- **Mobile Drug Safety Worker**  
Supporting individuals with alcohol and other drug issues within their own environment. Providing education and referrals for health related issues.
- **Alcohol and Other Drug Youth Outreach Worker** (for 11-25 years of age)  
A holistic approach to working with young people in their own environment, assisting individuals and family members with alcohol or drug related issues.
- **Alcohol and Drug Support Groups**  
Support Groups provide ongoing assistance for individuals, family members or significant others effected by alcohol or substance abuse.
- **Needle Exchange Program**  
Syringes/needles, swabs and disposal containers are provided free of charge, along with a disposal service for used needles.